

CBSI Spring 2021 Game/Practices Guidelines

Parents Responsibility before coming to field:

1. Prior to coming to the field
 - Be observant of your athlete's general physical condition. If your athlete is experiencing cold or flu-like symptoms or is running a fever please notify the head coach and do not bring your athlete to practice or game.
2. You must take your athlete's temperature to ensure they are not running a fever (must be below 100.4)
3. Have your athlete put on clean clothes
4. Have your athlete wash their hands thoroughly
5. Disinfect your athlete's equipment, gloves, bats, helmets, etc.
6. Ensure that your athlete has not traveled to any COVID 19 hot spot recently
7. Coach will certify that the above items have been done when you arrive at the field
8. Coach will do an additional temperate check at field with infrared forehead thermometer (must be below 100.4)

Other leagues we play reserve the right to do a temperature check at field prior to game play.

Spectators/Fans: Please be prepared to follow the guidelines outlined below while enjoying your kid's games.

1. **All Spectators/Fans are required to wear a face mask at all times.**
2. Wherever you are on one of the facilities for practice or games, you must attempt to maintain a 6 ft. or greater distance from others.
3. Preparing for your visit to the park.
 - Seating - We are allowing and encouraging spectators to bring their own chairs, tents and umbrellas, but we ask that you limit tents to family members. Spectator seating in the parks is completely open around the circumference of the fields and adjacent commons areas to the fields. Spread out and enjoy the game!
 - Restrooms - You must use your mask while entering inside porta john.
4. Pregame and During Game - No team or player handshakes or high fives. No group prayers or huddles between teams on the field.
5. Sunflower seeds and gum - No sunflower seeds or gum are allowed anywhere.
6. **There may be two (2) spectators per participant at each event, with a maximum of 50 total spectators at any event**

Coaches: Please be prepared to follow the guidelines outlined below while at games or practices.

1. **All coaches are required to wear a face mask at all times.**
2. **Plate Meeting - The managers meeting at home plate will be limited to one coach from each team plus the umpire. No players at plate meeting. Coaches are required to wear a face mask at this meeting.**
3. **Sunflower seeds and gum - No sunflower seeds or gum are allowed anywhere.**

Players: Please be prepared to follow the guidelines outlined below while at games or practices.

1. Pregame and During Game - No team or player handshakes or high fives. No group prayers or huddles between teams on the field.
 2. Sunflower seeds and gum - No sunflower seeds or gum are allowed anywhere.
 3. Recommended Post Game - We suggest using other means of post-game sportsmanship such as tipping your cap, bowing or waving to the other team across the field. No handshake lines will be allowed.
 4. **Players on an official roster in the CBSI are encouraged to wear a mask while engaging in play. Masks are required when six (6) feet of social distancing is not able to be maintained, and all players are required to have a mask on them at all times.**
 - **This liberty extends only to when players are on the field of play (e.g., between the baselines) and not when they are off the field, in the dugout, or other space off the field. When off the field, players must wear a mask that covers their nose, mouth, and chin at all times.**
 - **It is not recommended that players wear masks if they suffer from chronic respiratory issues like asthma or on hot, code red days, where heat injury is more likely to occur.**
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- Example: players in the outfield may not wear their masks but they must have a mask on their person.
- Example: Catchers must wear masks at all times as they are unable to maintain six (6) feet of social distance between themselves and the batter.

Dugouts:

The dugout is an area on the field where coaches and players will naturally congregate. We need to be mindful of distancing in the dugout. Coaches need to prep players for this and stretch them out.

1. Entering the dugout - We ask that teams not enter the dugout area until dugouts are clear of other team and area is sanitized.
 - Teams will need to make adjustments before, during, and after games during this period. Start by being prepared by having a team supply of wipes and sanitizer.
2. Players may spread out and expand the dugout area where room permits without compromising player safety. You can have a maximum of three coaches in and around the dugout. Only team personnel inside the dugout at all times.
 - Coaches must stress to all players on the importance of keeping our distance while playing together, **wearing their masks** and provide gentle reminders during game play.
3. After each game, teams must clean their dugout of all trash and items. Teams are encouraged to disinfect hard surface areas (quick spray benches, bat racks, fence poles) upon entering and exiting a dugout. Please make these items part of your team equipment list, prioritize them highly, and make this courtesy a source of team pride.

FAILURE TO COMPLY WITH THE CBSI GUIDELINES WILL RESULT IN SANCTIONS FROM THE LEAGUE. RULES ARE SUBJECT TO CHANGE AT ANYTIME BASED ON THE MONTGOMERY COUNTY DIRECTIVES.